



PRESIDENT WALKER'S VIDEO MESSAGE – April 17, 2020

Hey, Local 1000. Happy Friday.

We're rounding out the end of week five, and I felt it was appropriate to do it with a shout-out.

For all of you out there who are responsible for ensuring that your coworkers have their wipes, their masks, the things they need to be safe on the job, I appreciate you. They appreciate you. You're often the unsung heroes in this; the things show up almost like magic. But I want you to know I see you, and you are fully appreciated.

To our Personnel Specialists: Man, you guys, even without a pandemic, had a tough job just keeping us all paid. But the fact that we're in the middle of a pandemic, and you've done that, you've moved all the transactions, we've gotten our paychecks on time, I appreciate you.

I appreciate all the hard work that you're doing.

So, I want to end this with you today, a little reflective.

This pandemic has turned our world upside down. We're distance learning. We're teleworking. We're worried about the stresses of everyday life. Can we go to the grocery store? Do we have to have to have a mask on? And sometimes, we, the individual, gets lost in that. Because we go by a lot of different titles. We go by worker. We go by mom. We go by daughter. We go by husband. We go by brother. We're so much to everybody.

So this weekend, what I want you to focus on is just to carve out just a little bit of time for you; whatever form that takes. If that means you're going to read a book on an afternoon this weekend, please do that. If it means crawling in the bathtub with a

glass of wine and shutting the door and not opening it, do that. But I'm going to encourage all of you to find the space for yourself.

Because here's the thing I know. This pandemic is going to end.

And we have to make sure that the best us possible comes out on the other side.

So I look forward to seeing you with my best self on the other side.