# **Court Approved Diversion Program**

We provide a diversion program and surrounding support services as an alternative to incarceration for individuals who have become involved in the criminal justice system for prostitution related offenses.

The diversion program is approved by the City Attorney of Los Angeles and we provide progress letters as well as documentation of completion to any court. All services are FREE of charge.

Our goal is to aid individuals out of a life of prostitution and sexual exploitation while addressing other components & barriers that make the transition out very difficult.

The Journey Out Prostitution Diversion Program is an evidence informed curriculum that was developed by survivors of commercial sexual exploitation to help individuals address issues specific to exiting "the Life".

This 18 session workshop is designed to give clients the knowledge, skills and resources they need to permanently exit the world of commercial sexual exploitation.

Groups are led by survivors, many of who graduated the diversion program. Survivors are specifically able to give relevant information and peer support in a meaningful and powerful way.

# **Usual Sentencing:**

The usual sentencing is either 8 sessions (one arrest) or 18 sessions (multiple arrests) of the program and to not reoffend for one year and the case will be dismissed.

# **Prostitution Diversion Program Topics**

#### Survivor Issues

Working through the issues of money, power and admiration that can make "the Life" itself addictive.

#### Secrets

Letting go of the secrets and lies that mark a life in "the Life"

#### Filling the Void

Finding different alternatives to filling the void that "the Life", drugs, alcohol and money have filled up until now.

#### **Loss of Identity**

Someone that has been sexually exploited has likely been "acting" for many years, playing the roles her clients want her to fill. Who are you?

## Independence

There is loneliness and isolation hiding behind that mask of fierce independence, and work to do before learning to let go.

#### Isolation

Dealing with negative self-image and shame which can make it tempting to shut yourself away from the world, especially emotionally.

#### Intimacy

Those who have been sexually exploited shut down feeling of intimacy when they are in "the Life" and can find it difficult to let that go.

## **Healthy Relationships**

Finding friends, and redefining men as more than just customers.

#### **Addiction to Fast Money**

Learning how to live on less and get beyond the fast money of "the Life"

#### **Dealing with Stigma**

Stigma exists on a daily basis for those who have been in "the Life". Moving beyond the stigma and dealing with it in a positive way.

#### **Walking the Walk to Success**

Discusses techniques in moving from "the Life" into viable career options.

#### **Entitlement**

Poor self-image combined with the ego rewards of "the Life" can often manifest as a misplaced sense of entitlement. Getting beyond the me factor.

#### Better not be Boring!

Finding ways for firecracker personalities to find peace and contentment in a quieter lifestyle.

#### **Finding Meaning**

Looking beyond the day to day to find purpose and spirituality.

#### Sex Sizzle Silence

Examining inner belief system to redefine a new way of thinking.

#### **Self Awareness**

Learning to love ourselves, and letting go of the many roles imposed upon us.

#### **Visioning**

Discovering what we want out of life and what strategies will get us there.

#### **Abusive Relationships**

Examining the dynamics of abusive relationships within sex trafficking & sexual exploitation.



# **Drop-In Center Services**

- Getting Out of The Life Groups
- Seeking Safety Groups
- Empowerment Group
- Healing Through Art Group
- Case Management & Referrals
- Survivor Mentorship & Support
- Crisis Counseling & Interventions
- HIV Education & Testing
- GED Prep. Tutoring/Testing
- Free Condoms
- Snacks & Beverages
- Hygiene Kits

## All services are FREE of charge



# **Other Services**

#### Street Outreach

Direct street outreach to sexually exploited women & youth

# Education to Social Service Providers

On issues of sex trafficking and commercial sexual exploitation

# **Youth Programs**

Exploitation Prevention and Intervention Programs at group homes and community centers throughout LA

# **Group Locations**

Van Nuys South Los Angeles LA Koreatown (group for Asian Speaking Women)



Is a privately funded nonprofit and does not charge fees for services

New clients please call for intake

T: 818-988-4970 F: 818-947-3923 www.journeyout.org 7136 Haskell Ave., Suite 125 Van Nuys, CA 91406



# Prostitution Diversion Program



Journey Out is a Los Angeles-based nonprofit leading the fight for the freedom and survival of all those whose lives have been destroyed by sex trafficking and commercial sexual exploitation.

818-988-4970

www.journeyout.org