

# CORRECTIONAL WELLNESS

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LOCAL 1000



SEIU



## Seminar Highlights :

- Team Building
- Meal Provided
- Interactive Learning
- Networking Opportunities

## Why Choose to Help?

Help build a wellness program that works for our represented employees. We're hosting wellness culture listening sessions to gain a better understanding of the challenges workers face working in Corrections.



**November 13, 2025**

Meeting Start 11 am, 12 pm, 1 pm, and 2pm and will last 30 minutes each. RSVP to [Wellness@SEIU1000.org](mailto:Wellness@SEIU1000.org)



**Mule Creek State Prison  
IST Classroom B**

FOR MORE INFO: [WWW.SEIU1000.ORG/HELP-LOCAL-1000-BUILD-A-WELLNESS-PROGRAM-FOR-CDCR-EMPLOYEES/](http://WWW.SEIU1000.ORG/HELP-LOCAL-1000-BUILD-A-WELLNESS-PROGRAM-FOR-CDCR-EMPLOYEES/)